YOU ARE SCHEDULED FOR INPATIENT SURGERY AT:

* 86™ STREET ST. VINCENT

CARMEL ST. VINCENT

On Monday, April 7th at 8 Am

Your surgery is scheduled with Dr. [Redacted]

On Monday, April 7th at 10 Am

PRE-SURGERY CHECK LIST

DO NOT eat, drink or smoke after midnight the night before your surgery. This includes water, coffee, tea, juice, milk or chewing gum.

Bring a list of all medications that you are currently taking with you to the hospital. Check with your doctor about what medicines you should continue to take the morning of surgery. [Handwritten: They will call you closer to the day of surgery.]

Please remember to bring a contact case or glass case for your eye wear if needed. DO NOT wear or bring jewelry or other valuables (money, credit cards etc) to the hospital.

If you have a change in your physical condition before surgery such as cold, fever, persistent cough, vomiting or a rash, contact your physician.

Labs are to be done [Handwritten: The surgery evaluation center at OrthoIndy will call you to schedule your preop labs to be completed.]

If you are under age 65, we request that you bring any prescription medications that you take on a daily basis with you to the hospital in their original prescription containers. Use of these medications will result in savings to you.

Please discontinue all anti-inflammatory medicines and any aspirin product 10 days prior to surgery. You may take Tylenol for pain.

Please discontinue all herbal supplements.

Be sure to complete the "Patient Health Profile" and bring it to the hospital the day of your surgery.

Please remember to bring your crutches, cane or walker to the hospital.

YOUR POST-OP APPOINTMENT IS SCHEDULED FOR [Handwritten: Necessary?]

Thank you.
Entrance Locations

1. St. Vincent Hospital Main Entrance
2. St. Vincent Stress Center/Sleep Disorders Center
3. St. Vincent Hospital Outpatient Entrance
4. St. Vincent Oncology Center
5. St. Vincent Children's Hospital
6. St. Vincent Hospital Emergency Entrance/Hilbert Pediatric Emergency Department
7. Indiana Heart Institute/Indiana Neuroscience Institute
8. St. Vincent Cardiac Services
9. St. Vincent Orthopedic Center
10. St. Vincent Women's Hospital Main Entrance
11. 8091 Medical Office Building
12. 8081 Medical Office Building

St. Vincent Indianapolis Campus Map

See driving directions on reverse side
ASPIRIN CONTAINING PRODUCTS

Advii
Aika Seltzer
Aika Seltzer Plus
Aluprin
APC
Anacin
Anacin Maximum Strength
Arthralgan
Arthropan
Arthritis Pain Formula
Ascriptin
Ascriptin A/D
Aspergum
BC Powder/Tablets
Bancap
Bufferin
Cama In Lay Tablets
Cenaid
Codimal
Congespirin
Coricidin
Coricidin D
Cosprin
Cystex
Dasikon Capsules
Dasin Capules
DeWitts Pills
Diurex ES Menstrual Pain Relief
Doans Pills
Duradyne Forte
Duragesic
Ecotrin
Empirin
Encaprin
Excedrin
Excedrin PM
- Way Cold Tablets
Goodys Headache Powders
Kaodene
Kolephrin
Medache Tablets
Midol
Mobigesic
Momentum
Nuprin
Oscal Gesci
Pepto Bismol
Persistin
Quiet World
Rhinate
Rhinocaps
Rhinogesic
Rid A Pain
Salceto D Caps
Sal Fayne
Salphenine
Salphenyl Capsules
Salsprin
Sine Off
Sínexin Capsules
Sino Comp Tablets
Sinulin Tablets
St. Joseph Cold Tablets
Triaminicin
Vanquish
Viromed

DO NOT TAKE ANY OF THE ABOVE PRODUCTS for 10 DAYS prior to surgery.

Also, DO NOT TAKE ANY ANTI-INFLAMMATORIES for 10 Days prior to surgery. (i.e. Vicodin, Celebrex, Motrin, etc.)
If you are scheduled for surgery, and are presently taking any herbal supplements or nutraceuticals, please inform your primary care physician and surgeon. Surgery patients should generally stop taking herbal supplements and nutraceuticals two weeks prior to surgery. The following list of popular herbal supplements and nutraceuticals could cause complications during surgery.

- 5-HTP
- Aloe
- Astragalus
- Bee Pollen
- Bilberry
- Black Cohosh
- Bovine Colostrum
- Bromelain
- Cascara Sagrada
- Cat's Claw
- Cayenne
- Chromium
- Coenzyme Q10
- Cranberry*
- Damiana
- Devil's Claw
- Dong Quai
- Echinacea
- Evening Primrose Oil
- Feverfew
- Fish oils
- Flaxseed
- Garlic
- Ginger
- Gingko Biloba
- Ginseng - Asian, Korean, Siberian
- Glucosamine Sulfate/Chondroitin Sulfate
- Goldenseal
- Gossypol
- Gotu Kola
- Grapeseed Extract
- Green Tea
- Guarana
- Hawthorn
- Kava Kava
- Lecithin
- Ma Huang
- Melatonin
- Milk Thistle*
- Methylsulfonyl Methane
- Pyridoxine
- Royal Jelly
- SAMe
- Sarsaparilla
- Saw Palmetto
- Spirulina
- St. John's Wort
- Stinging Nettle
- Valerian
- Vitamin E
- Weight Loss Supplements
- Yerba Mate
- Zinc

*No known interactions and/or complications

For more information, contact your primary care physician and surgeon. Surgery Evaluation Center at 1-888-924-8020 or go to stvincentsurgery.com.
AN IMPORTANT MESSAGE FROM MEDICARE ABOUT YOUR RIGHTS

AS A HOSPITAL INPATIENT, YOU HAVE THE RIGHT TO:

- Receive Medicare covered services. This includes medically necessary hospital services and services you may need after you are discharged, if ordered by your doctor. You have a right to know about these services, who will pay for them, and where you can get them.
- Be involved in any decisions about your hospital stay, and know who will pay for it.
- Report any concerns you have about the quality of care you receive to the Quality Improvement Organization (QIO) listed here: HealthCare Excel - PO Box 3713 - Terre Haute, IN 47803 (800) 288-1499 TTY (800) 743-3333.

YOUR MEDICARE DISCHARGE RIGHTS

Planning For Your Discharge: During your hospital stay, the hospital staff will be working with you to prepare for your safe discharge and arrange for services you may need after you leave the hospital. When you no longer need inpatient hospital care, your doctor or the hospital staff will inform you of your planned discharge date.

If you think you are being discharged too soon:

- You can talk to the hospital staff, your doctor and your managed care plan (if you belong to one) about your concerns.
- You also have the right to an appeal, that is, a review of your case by a Quality Improvement Organization (QIO). The QIO is an outside reviewer hired by Medicare to look at your case to decide whether you are ready to leave the hospital.
  - If you want to appeal, you must contact the QIO no later than your planned discharge date and before you leave the hospital.
  - If you do this, you will not have to pay for the services you receive during the appeal (except for charges like copays and deductibles).
- If you do not appeal, but decide to stay in the hospital past your planned discharge date, you may have to pay for any services you receive after that date.
- Step by step instructions for calling the QIO and filing an appeal are on page 2.

To speak with someone at the hospital about this notice, call Case Management (317) 338-2690.

Please sign and date here to show you received this notice and understand your rights.

Signature of Patient or Representative ________________________________ Date 4-7-2008

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